

V. K. KRISHNA MENON COLLEGE OF COMMERCE AND ECONOMICS AND SHARAD SHANKAR DIGHE COLLEGE OF SCIENCE

Bhandup - (East), Mumbai-42

Phone - 022-25668541

vkmenoncollege@menoncollege.edu.in

Details of activities conducted by the Committee for Academic Year 2020-21

Name of the Committee: - National Service Scheme (NSS)

Name of the Programme Officer - Dr. Gomathi Shridhar

Activities at College Level

Sr. No.	Date/s of Event	Title / Theme of Event	Brief Detail of a activity	No. of Beneficiaries
1	26-07-2020	Kargil Vijay Divas	Webinar by Captain.Sudeep Ghosal(Ex-Officer,First Bihar battalion, Indian Army) on the topic Army as a career-A personal experience	21
2	15-08-2020	Swacch Bharat Awareness	Awareness among people through social media by the medium of posters on 'Swacch Bahrat'	21
3	28-0--2020	Why Civil Service is a Dream Career in India?	Webinar in collaboration with PCGT ,talk by Mr.V.P.Raja Sir on Career in Civil Services.	13
4	24-09-2020	NSS Day Celebration	Webinar by Prof.Ashish Chakravarty,Former Programme Officer NSS on the topic 'Ideal of NSS'.	13
5	3-10-2020	Eco-friendly festivals	Webinar by Mrs. Vibhavari Kuberkar regarding Awareness and importance of eco-friendly festivals.	8
6	8-10-2020	HIV/AIDS	Webinar by Dr.Leena Muraleedharan on the topic HIV/AIDS.	12
7	29-10-2020	NSS Orientation	Orientation for the First Year Volunteers regarding NSS.	43
8	1-11-2020	Hemshikhar foundation- chess champion	Interaction with Chess Grandmaster V.Anand	27

9	2-11-2020	Office Bearers meeting	Meeting of Office Bearers for the year 2020-21	5
10	5-11-2020	Marine pollution	Webinar by Mithali Mutta,United Way Mumbai on Marine pollution	40
11	11-11-2020	Virtual Shore walk	Webinar by Shubhalaxmi Vaylure on 'Virtual Shore Walk to Chimbai Beach'	36
12	19-11-2020	First Aid	Webinar by Dr.Manjeet Singh Arora ,Fortis Hospital on First Aid and CPR.	37
13	25-11-2020	Know your plates and healthy life style	Webinar By Dr.Zankhana Shetty on eating healthy and living a healthy lifestyle.	43
14	26-11-2020	Constitution Day	On the occasion of 71st National Constitution Day V.K.Krishna Menon College in collaboration with A.E.Kalsekar Degree College had organized a webinar.	29
15	27-11-2020	Technological Development in India vis a vis to social welfare	Webinar in collaboration with PCGT, talk by Mr.Mahesh Zagade on Technological development in Indian and social Welfare.	28
16	5-12-2020	Compost making and kitchen gardening	Webinar by Department of botany and nature club pn Compost making and kitchen gardening where the participants were thought how to make Compost at home.	39
17	9-12-2020	Nutrition and immunity	Webinar by Dietician Maitri Gala on nutrition rich diet.	37
18	11-01-2021	Drug Abuse	Webinar by Dr. Hitesh Sanghavi on Drug abuse, harmful effects of drugs ,etc.	37
19	28-01-2021	E-waste management	Department of botany and Nature Club had organized a webinar on E-waste management.	33
20	9-02-2021	World Cancer Day	Webinar by Dr.Uma Gunge on Cancer-Symptoms,Causes,Stages.	31
21	14-02-2021	Road Safety Poster Making	Volunteers made posters on road safety on account of Road Safety Month.	9

22	15-02-2021	Road Safety awareness	Volunteers spread Awareness regarding road safety on social media by preparing a short video.	29
23	16-02-2021	Road Safety quiz	A quiz was organized regarding Road Safety.	34
24	24-02-2021	Wildlife in India	Webinar in collaboration with PCGT, talk by Prof.Dr.Parvish Pandya on wildlife species in India,their extinction and problems faced by the wildlife species due to human activities.	34
25	27-02-2021	Social Entrepreneurship	Webinar by Mr.T.V.Bala Subrahmanian, General Manager, Sheksaria Foundation.	29
26	8-03-2021	Ecology through gendered lens	Webinar on account on Women's Day by Dr.Deepa Chozikunnath.	25
27	9-03-2021	Starry Nights	Webinar by Dr. Prajith Chandran, Asst. professor, Material Science, Dept. of Collegiate Education, Government of Kerala, Malappuram, on birth of stars,patterns,names and various predictions.	38
28	10-03-2021	Urban Gardening	Webinar by Ms. Megha Laddha Sarkar (Director, Make my Garden, Mumbai) on how one can make their own kitchen garden,planting and plant care.	33
29	11-03-2021	Multi facets of discipline	Webinar by Mrs. Gauri Subrahmanian on how discipline is developed in various aspects of one's life.	33
30	12-03-2021	Chemistry around us and it's safe handling-1	Day one of webinar by Dr. Kakli Lahiri on how we experience Chemistry in our daily life and how to handle it safely.	36
31	16-03-2021	Chemistry around us and it's safe handling-2	Day two of webinar by Dr. Kakli Lahiri on how we experience Chemistry in our daily life and how to handle it safely.	38
32	18-03-2021	Botany in Daily Life	Webinar by Dr.Komal Ayare on importance of botany in daily life and economic productivity.	37

33	27-03-2021	Introduction to IPR	Webinar by Adv. Jitendra Sharma, Lawyer and faculty Jaybharat college, Mulund, on trademarks, copyright, patents their validity and how one can protect their intellectual property rights.	37
----	------------	---------------------	---	----

Activities at Inter-collegiate/ University/ State/ National/ International Level

Sr. No.	Date/s of Event	Title / Theme of Event/ Brief detail of Activity	Level of Activity	No. of Beneficiaries
1	2-10-2020	Bhajan Sandhya	University	12
2	31-10-2020	Prevention of COVID 19	SAKEC NSS	21
3	31-10-2020	Awareness about HIV/AIDS	S.M.Shetty	12
4	2-11-2020	The Fourth Industrial Revolution	V.G Vaze (PCGT)	20
5	4-11-2020	Transparency in govt with RTI	V.G.Vaze(PCGT)	20
6	7-11-2020	Workshop on Gender inequality	Akshara (NGO)	19
7	7-11-2020	Road safety Awareness program-Honda	NSUT NSS	8
8	9-11-2020	Legal Service Day	Adv.Balasaheb Apte College	28
9	11-10-2020	Blood disorders and need for life savers	K.J. Somaiya	25
10	11-11-2020	Sex Education	Bhavan's college	18
11	12-11-2020	Reforms in Indian education system	PCGT	23
12	17-11-2020	Smruti Gandh	University	33
13	18-11-2020	Insight Eye Health on the Digital Age	Jai HindCollege/V-CAN	29
14	19-11-2020	Menstrua shun	Ruia	21
15	20-11-2020	Ethics in legal profession	PCGT	22
16	25-11-2020	Workshop on organ donation	University	21
17	25-11-2020	Human rights	PCGT	7
18	26-11-2020	Constitutional governance	PCGT	22
19	26-11-2020	Savidhan Divas	University	37

20	26-11-2020	The effect of covid 19	PCGT	23
21	28-11-2020	Social Action Project	Akshara(NGO)	20
22	29-11-2020	Women's struggle against violence	Akshara(NGO)	8
23	1-12-2020	LGBTQ + Rights in India	PCGT	21
24	4-12-2020	Nation's Pride the Men in White-Navy Day	K.P.B.Hinduja College	22
25	6-12-2020	Dr.Bhimrav Ambedkar	University	29
26	8-12-2020	Brain attack or stroke	V-CAN	15
27	8-12-0202	Role of Journalism in Democracy	PCGT	8
28	10-12-2020	Embracing Self	Akshara (NGO)	16
29	08-01-2021	Protection of mobile from phishing scams	RJ College	18
30	10-01-2021	Good posture matters	Koneru Bhaskara Rao & Hemalata Human Development Foundation	17
31	15-01-2021	Fauji the noble of our country	K.P.B.Hinduja College	7
32	15-01-2021	Immunity vital aspect in life	S.M.Shetty	6
33	19-01-2021	Mind the main switch	V-CAN	13
34	23-01-2021	Contribution of Netaji Subhash Chandra bose		22
35	29-01-2021 to 31-01-2021	New Labour Code	University	67
36	29-01-2021	Covid vaccination-Your safeguard	Jai Hind College/V-CAN	17
37	01-02-2021	E-waste & Dry Waste Collection drive	University	29
38	05-02-2021	The Right Headspace	Usha Pravin Gandhi College	18
39	18-12-2021	DIABETES-A trend they are changing	V-CAN	15
40	19-02-2021	Chatrapati Shivaji Maharaj Jayanti	University	9
41	20-02-2021	Cyber Crime awareness and safety measures	K.P.B.Hinduja College	18
42	25-02-2021	Mission Compassion		20

43	04-03-2021	Importance of personal and public hygiene in India	Adv.V.B.Deshpande College/University	29
44	08-03-2021	Atmaraksha	K.P.B.Hinduja College	23
45	08-03-2021	Police Didi	PCGT	7
46	8-03-2021 & 9-03-2021	Poster/Dance/Photography/Singing	Aarohan Fest	6
47	10-03-2021	Safety First	Jai Hind College/V-CAN	10
48	10-03-2021	Transformational Leadership of Chatrapati Shivaji Maharaj		22
49	14-03-2021	Discover within lights	SVKM's Usha Pravin Gandhi College	22
50	20-03-2021	Cyber Crime awareness and safety measures	H.R.College	18
51	21-03-2021 to 23-03-2021	Youth Developement Programe	Usha Pravin Gandhi College	74
52	24-03-2021	Awareness on Tuberculosis	K.P.B.Hinduja College	19
53	24-03-2021 & 25-03-201	Poster/Presentation	Lakshya Fest	3
54	26-03-2021 & 27-03-2021	Mandala Art/Bottle Painting/Blog Writing/Photography	Utung Fest	4
55	27-03-2021	Malnutrition and Obesity Management	S.M.Shetty College	18
56	30-03-2021	Stress Management	Jai Hind College	10
57	30-03-2021& 31-03-2021	Poshan Pakhwada	National Level	48
58	5-03-2021 & 6-03-2021	Disaster Management Seminar	University	43
59	10-04-2021 to 18-04-2021	Organ Donation Training	University	36
60	19-04-2021	Prevention of sexual harasement' and 'Gender Equality'	DAV College	32